



Occupational Therapy Associates -  
Watertown, P.C.

**President**

Jane Koomar, Ph.D., OTRL/FAOTA

124 Watertown St.

Watertown, MA 02472

Phone: 617-923-4410

Fax: 617 923-0468

Website: [www.otawatertown.com](http://www.otawatertown.com)



## Occupational Therapy Games and Activity List 2010-2011

Children learn through play and active exploration. Many toys and games can encourage learning and develop skills in planning and sequencing, eye-hand coordination, visual perception, concept development and fine motor control. These suggestions may be helpful in choosing appropriate toys for the holidays, birthdays and other special times. They include sensory based activities to provide organizing sensation and encourage the development of body awareness, as well as games to encourage the development of specific skills and language concepts. Approximate ages or skill levels have been given to help guide your choices. Many items can be purchased at toy stores or through the catalogues listed. Ask your occupational therapist for help in deciding which games or toys are the best choices for your child. (Compiled by Stacey Szklut MS, OTR/L and South Shore Therapies Staff)

### Games to Develop Coordination, Problem Solving and Visual Perception:

#### **Younger Ages (3-6 years)**

3D Labyrinth  
Animal Soup Game (Learning Express)  
Ants in the Pants  
Bouncin' Bunnies (Highlights)  
Buckaroo  
Cadoo & Balloon Lagoon  
Charades for Kids  
Colorforms Dress-up Game (Therapro)  
Cootie  
Cranium Hullabaloo  
Don't Break the Ice  
Don't Spill the Beans  
Elefun  
Finders Keepers (Mindware)  
Fishin' Around  
Gobbler (Learning Express)  
Gnip Gnop (Highlights, Back to Basics, Young Explorers)  
Hidden Picture Game (Highlights)  
Honey Bee Tree (Back to Basics, Highlights, Leaps & Bounds)  
Hungry Hungry Hippos  
I Spy Bingo (Learning Express)  
I Spy Memory Game (Learning Express, Young Explorers)  
Lucky Ducks  
Memory Game  
Monkeying Around (Young Explorers)  
Mr. Mouth  
Penguin Pile-up (Hearthsong)  
Poppa's Pizza Pile-up (Learning Express, Leaps & Bounds)  
Poppin Puzzlers (Learning Express)  
Pop up Pirates (Learning Express)  
Race to the Roof (Young Explorers)  
Silly Faces(Therapro)  
Very Hungry Caterpillar Game (Young Explorers)  
Whack a Mole  
Zimbbos (Learning Express)

#### **Older Kids (7 and up)**

Acuity (Fat Brain Toys)  
Aftershock! (Learning Express)  
Amazing Labyrinth Game (Sensational Kids, Discovery Toys)  
Batik (Mindware)  
Battling Tops  
Battleship  
Blink (Learning Express)  
Blokus (Mindware, Highlights)  
Bulls Eye Ball  
Connect Four  
Cover Your Tracks (Thinkfun Games)  
Cranium Cadoo  
Guess Who/ Guess Where  
Jenga  
Kerplunk/ Tumble  
Launch Across  
Mancala  
Mastermind  
Monster Under My Bed (Young Explorers, Learning Express)  
Mousetrap  
Operation/ Dino Xcavator (Sensational Beginnings)  
Perfection  
Pipeline (Learning Express, Mindware)  
Raging Rapids (Think Fun)  
River Crossing (Think Fun)  
Rebound  
Rummikub  
Rush Hour (Think Fun) (Learning Express, Mindware)  
Scavenger Hunt for Kids (Young Explorers)  
Screwball Scramble (Young Explorers)  
Simon Trickster  
Spot it!  
Squeezed Out (Back to Basics) / Hens & Chicks (Hearthsong)  
Thin Ice  
Twister  
What's in Ned's Head? (Young Explorers)

## **For Sensory Motor Development and Coordination:**

### ***Provides Organizing Sensory Input***

Blo-pens  
Body Sox (Integrations)  
Bop Bag (Back to Basics)  
Chilly Hammock Swing  
First Jumper (Back to Basics)  
Foof Chair Large Beanbag (Integrations)  
Folding Trampoline (Hearthsong)  
Giga Ball (Sears, Hearthsong)  
Horse Tire Swing (Highlights, Back to Basics)  
Inside Out Balls (Therapro, Hearthsong)  
Jigglers (Therapro, Integrations)  
Jumpolene (Back to Basics)  
Kick Bag (Sears, Back to Basics)  
Marvel the Mustang Riding Horse (Back to Basics)  
Massager /Bug/ Fuzzy (South Shore Therapies)  
My First Trampoline (Back to Basics)  
Oral Motor Kit (South Shore Therapies)  
Chewies: P's & Q's, Super Teether  
Play Tents (Back to Basics, Hearthsong, Integrations)  
Rock & Bounce Pony (Back to Basics)  
Rocking Horse (Back to Basics, Young Explorers)  
Rocking Rody Rider (Therapro, Integrations)  
Row Cart (Back to Basics)  
Sand Digger (Constructive Playthings)  
Scooter Boards  
Sensory Regulation Kit (South Shore Therapies)  
Snail Rocker (Back to Basics)  
Sock en' Boppers Set (Sears)  
Spring Horse (Back to Basics)  
Super Large Crash Pads (South Shore Therapies)  
Weighted Wearables, Blankets (Grampa's Garden, Therapro)  
Whistles (I Party, Therapro)

### ***More Skilled Coordination Needed***

Air Kicks Boots  
Air Pogo (Young Explorers)  
Balance Board (Back to Basics)  
Balance Stilts (Hearthsong)  
Bungee Jumper (Learning Express, Young Explorers)  
Color Explosion (Crayola)  
Dance Maker 2 Dance Machine (Sears, Young Explorers)  
Disc Swing (Young Explorers)  
Flying Turtle (Back to Basics, Hearthsong, Highlights)  
Fun Ride (Back to Basics, Highlights, Young Explorers)  
Hop 66/ Hop Ball (Hearthsong, Young Explorers)  
Jump Ropes  
Junior Champ Boxing Set (Constructive Playthings)  
Kick-a-Roos (Highlights)  
Krazy Car/ Whirley Wheel (Back to Basics, Integrations)  
Moon Shoes (Highlights, Sears, Young Explorers)  
Moon Walkers (Young Explorers)  
Pedal-Power/ Fun Wheels (Back to Basics, Hearthsong)  
Plasma Car (Young Explorers)  
Pogo Ball  
Pogo Stick (Highlights)  
Razer Scooters  
Romper Stompers (Learning Express)  
Rope Ladder (Hearthsong)  
Sit & Spin (Back to Basics)  
Skip Around (Hearthsong)  
Sleds & Snow Tubes  
Wobbler (Highlights, Hearthsong)

## **Activities that Develop Eye-Hand Coordination and Visual-Spatial Planning:**

### ***Visual Control/ Eye-Hand Coordination:***

Air Puck Hockey  
Alfredo's Food Fight  
Balanko Game (Highlights)  
Beamo Flying Disc (Learning Express)  
Bean Bag Games  
Bucket Blast Game (Hearthsong)  
Dodge Discs (Learning Express)  
Flip Flop Faces (Discovery Toys)  
Hammer Away (Discovery Toys)  
Hopscotch Mat (Highlights)  
Hyper Dash (Learning Express)  
Infinity Loop (Integrations)  
Junior Swing Ball (Young Explorers)  
Kids Croquet (Toys to Grow on)  
Monster Velcro Mitts (Toy Box)  
Nerf Basketball Hoop  
Paddle Pool (Highlights)  
Rack 'n' Roll Bowl (Highlights)  
Remote Control Cars  
Safety Dart Board (Hearthsong)

### ***Constructional Building Activities:***

Aerobloks (Highlights, Integrations)  
Block Buddies (Mindware)  
Bright Builders (Discovery Toys)  
Build and Play Mechanic Set (Discount School Supply)  
Cast & Paint: Krazy Cars with Blo Pens (Toys R Us)  
Colorforms (Sensational Kids, Back to Basics)  
Create a Track –Snap Track Set (Back to Basics)  
Delta Sand (Hearthsong)  
Design & Drill Activity (Leaps & Bounds)  
E-Z Build & Play (Constructive Playthings)  
Floam or Play Foam  
Gearations (Leap & Bounds)  
Giant Constructive Blocks (Constructive Playthings)  
Legos/Duplos  
Lincoln Logs (Back to Basics)  
Make 'N Break Challenge (Fat Brain Toys)  
Magz Construction Set (Back to Basics, Hearthsong)  
Magnetic Mosaics (Highlights, Toys to Grow On)  
Marbleworks (Discovery Toys)  
Maze-n-Race (Realfun)

## Activities that Develop Eye-Hand Coordination and Visual-Spatial Planning (continued) :

### Visual Control/ Eye-Hand Coordination:

Target Tail Ball (Hearthsong, Highlights)  
Toss Across  
Whistling Whirler (Discovery Toys)  
Zoom Ball

### Constructional Building Activities:

Models for Beginners (Toys to Grow on)  
Oogly Googly Motorized Building Set (Young Explorers)  
Peg-a-Plane (Lauri)  
Playmobil  
Quatro Bucket (Lego)  
Super Shapes (Constructive Playthings)  
Zoob (Mindware)

## To Support Fine Motor Development and Writing:

### Pre-Writing Skills (Ages 3-5)

Art Kits (crayons, paints, etc.)/ Easels  
Brush on Washable Painters (Toys to Grow On)  
Colorforms (Hearthsong, Back to Basics)  
Creative Clay (Back to Basics, Hearthsong)  
Cranium Cariboo  
Crayola Beginnings  
Crayola Trace & Draw (Sears)  
Dressing Dolls/ Woodkins  
Dot Art (Learning Express)  
Fine Motor Kit (South Shore Therapies)  
Magnetic Art (Leaps & Bounds)  
Pattern Block Set (Young Explorer)  
Playdoh/ Silly Putty/Theraputti (Therapro)  
Playful Patterns (Discovery Toys)  
Ready to Print Practice Books (Toys to Grow on)  
Roll on Painters (Toys to Grow on)  
Sand Art  
Scratch Magic (Young Explorer)  
Squiggle Writer Pen (Therapro)  
Stencil Kit (Hearthsong)  
Tickle Bee Game (Hearthsong, Back to Basics)  
Water Filled Drawing Mats  
Wiggle Writer (Toys to Grow on, Therapro)  
Zingo  
Zoo Sticks (Hearthsong)

### Drawing & Writing Skills (Ages 6 and older)

Activity Book (Hearthsong)  
Arts & Crafts Projects (Hearthsong, Toys to Grow On)  
Color-in Tattoos  
Etch-a-Sketch  
EZ Art Projector (Constructive Playthings)  
Legos  
Magna Doodle  
Mazes  
Peel & Stick Collage Boards (Constructive Playthings)  
Pictionary Junior/ Pictionary  
Pop Bead People (Klutz)  
Puzzlemania (Highlights)  
Roller Typing (Discovery Toys)  
Shrinky Dinks  
Spirograph  
Suncatcher Kit (Highlights)  
Stain Glass Coloring Book (Mindware)  
Trace & Draw Projector (Toys to Grow on)  
Wikki Stix Activity Set (Learning Express)  
Window Art (Young Explorers)  
Window Decorating Paints (Hearthsong)  
Zip-Track (Discovery Toys)

Below is a list of the catalogue resources sited on this list. Other Resources for choosing toys and therapeutic activities can be found in the Parent Resource Box at South Shore Therapies. There you can find a more complete listing of companies providing therapeutic activities to support intervention.

Back to Basics	(800) 356-5360	<a href="http://www.basic toys.com">www.basic toys.com</a>
Constructive Playthings	(800) 832-0572	<a href="http://www.constplay.com">www.constplay.com</a>
Discount School Supply	(800) 627-2829	<a href="http://www.DiscountSchoolSupply.com">www.DiscountSchoolSupply.com</a>
Fat Brain Toys	(800)-5905987	<a href="http://www.FatBrainToys.com">www.FatBrainToys.com</a>
Hearth Song	(800) 325-2502	<a href="http://www.hearthsong.com">www.hearthsong.com</a>
Highlights	(800) 422-6202	<a href="http://www.highlights.com">www.highlights.com</a>
Integrations	(800) 850-8602	<a href="http://www.integrationscatalog.com">www.integrationscatalog.com</a>
Leaps and Bounds	(800) 477-2189	<a href="http://www.onestepahead.com">www.onestepahead.com</a>
Learning Express (Store in Hanover)	(781) 829-8555	<a href="http://www.learningexpress.com">www.learningexpress.com</a>
Mindware	(800) 999-0398	<a href="http://www.mindwareonline.com">www.mindwareonline.com</a>
Sensational Beginnings	(800) 444-2147	<a href="http://www.sensationalbeginnings.com">www.sensationalbeginnings.com</a>
Southpaw	(800) 228-1698	<a href="http://www.southpawenterprises.com">www.southpawenterprises.com</a>
Therapro	(800) 257-5376	<a href="http://www.theraproducts.com">www.theraproducts.com</a>
Toy Box (Store in Hanover)	(781) 871-3650	<a href="http://www.thetoyboxhanover.com">www.thetoyboxhanover.com</a>
Toys R Us	(617) 445-5159	<a href="http://www.toysrus.com">www.toysrus.com</a>
Toys To Grow On	(800) 987-4454	<a href="http://www.ttgo.com">www.ttgo.com</a>
Young Explorers	(800) 239-7577	<a href="http://www.YoungExplorers.com">www.YoungExplorers.com</a>